

SWIM COACH

Can Onsoy

PROFILE

I've been coaching for over 10 years, trying to implement the formation from my engineering background, numerical skills to use in planning and understanding the applications of physiology of training. Making use of variable measurements to get a better understanding of training elite athletes.

EXPERIENCE

IRAN NATIONAL SWIMMING FEDERATION – 2023 - PRESENT

Consulting the national team, planning, training for the upcoming Olympic Games and Asian Games

FENERBAHCE SK – 2012-2023

A team coach for national and international level swimmers, European Jr, Senior finalists, Mediterranean Games medalists

ENERGY STANDART – 2020-2022

Team Assistant Coach for Energy Standart Team under James Gibson, and Tom Ruston, competed in the International Swimming League

EDUCATION

California Technical University – Mechanical Engineering, 2002

SKILLS

- Rational analysis using variable methods for measurements to asses the swimmers individual state, and plan their careers for faster results. Science and understanding how to apply information into training is the key for better individual training of the athletes

CONTACT

E-mail: canist101@gmail.com

Phone: +90 (545) 289-2086